



THE TRESTLE BOARD

March 2014

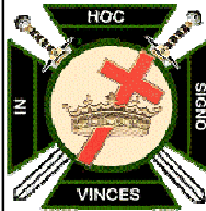
Volume 12, Issue 3

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CHILICOTHE COMMANDERY #8 K.T.

March 22, 2014



Sir Knights of the Fourth Division Grand Commandery Knight Templar will gather in Chillicothe, Ohio to observe the annual inspection of Chillicothe Commandery #8 K.T. The Order of the Temple is at 2:00 pm. Following a short break, the Full Form Opening will be performed at 4:00 pm.

Eminent Commander, Sir Knight David V. Medert has opened the Full Form Opening segment welcoming all Ladies of the Commandery attend. Sir Knights may invite non-Masonic guests and their families. Master Masons of the craft are invited to attend.



Everyone is invited to be present for the Full Form Opening and dinner at 6:00 pm in the Moll Dining Room following the inspection.

Worshipful Master	Neil A. Zizelman
High Priest	Joe D. Curtis
Illustrious Master	Roger Ray Jones
Eminent Commander	David V, Medert
Trestle Board Editor	William Bennett
Proof Reader	Stephen J. Steele

Articles must be submitted prior to the 3rd Tuesday for publica-

Scottish Rite Valley of Columbus

April 2, 2014

Plan now to attend the Ross/Pike County Scottish Rite Dinner at the Chillicothe Masonic Temple hosted by the Valley of Columbus Wednesday, April 2, 2014 at 6:00 pm. Brother William Landrum, 32° MSA is chairman of the event. Reservations to attend must be made on or before March 26, 2014.

Scottish Rite degrees are in addition to and are in no way "higher" than Blue Lodge degrees. Scottish Rite work amplifies and elaborates on the lessons of the Craft. It should never be forgotten that termination of a member's Symbolic Lodge standing automatically terminates his Scottish Rite membership, whether his rank be 14° or 33°.

March 2014

SUN

MON

TUE

WED

THU

FRI

SAT

1

2

3

4

Scioto Lodge
Stated Mtg.

7:30 pm

5

6

7

8

9

10

Chips, Dips &
Euchre
1:00 pm

11

Chillicothe
Chapter

7:30 pm

12

13

14

15

16

17

18

Chillicothe
Council #4
7:30 pm

19

20

Scioto Lodge
Stated Mtg.

7:30 pm

21

22

Chillicothe
Commandery #8
K.T.
Annual
Inspection

23

24

Chips, Dips &
Euchre
1:00 pm

25

Chillicothe
Commandery #8
K.T.
Stated Mtg.
7:30 pm

26

27

Ross County
Shrine Club
7:00 pm

28

29

30

31

Harry E. Sark
Council #186
AMD

SUNRISE SERVICES FROM ADENA MANSION & GARDENS



Eminent Commander David V. Medert has invited all Brethren, Companions and Sir Knights to join Chillicothe Commandery #8 K.T. in an Easter Sunrise service Sunday, April 20, 2014. Services will be held at Adena Mansion and Gardens overlooking the Mt. Logan range which lies to the east. Masonic attire is optional. Brethren of Scioto Lodge, Chillicothe Chapter #4 R.A.M. and Chillicothe Council #4 R. & S.M. may wear Masonic aprons. Sir Knights of Chillicothe Commandery #8 K.T. may elect to wear a Templar Uniform. Dispensations have been submitted to the respective Grand Bodies. Masonic Ladies are invited to attend this service. Tentatively, services are scheduled for 6:30 am—however check the calendar that will appear in the April edition of *“The Trestle Board”* for any changes as to time and/or location.

LETTER FROM LYNN B. ALEXANDER, DEPUTY GRAND MASTER

It is a distinct pleasure to review the Inspection Report of Chillicothe Council #4 R. & S.M. as submitted by Right Illustrious Companion Matthew Schetter, Grand Steward of the Grand Council of Ohio and the 6th Arch Inspector. Your inspector has put a great deal of thought into his report and I agree with his report findings, rating, recommendations and positive suggestions and remarks.

I am pleased that your records, income and general health of your Council is in good condition. It was noted that your records were in good shape. The treasurer’s records were also found to be in good order. The Companions need to thank both of these officers for the work they do.

I wish I could congratulate you on having a candidate from your Council. I implore you to use every effort possible to gain advancement this Masonic year. This makes the conferring of the degree so much more enjoyable for you and for the Companions performing the work. I congratulate you as the marks show that your work was done in a good manner. I wish to thank those who took part and encourage you to renewed efforts in conferring excellent work.

Your expenses are greater than your receipts and you have twenty-six Companions still owing dues. I encourage you to implement a management structure to budget your expenses and to assist in recouping of these dues. We want to see that your Council continues to prosper and continue to be “The Home of the Select”.

The Grand Council officers and I wish you would consider a contribution to the Diabetic Kids Fund. Set a goal to send at least one kid to the camp. It costs about \$350.00. It is through your efforts, and those of the other Councils, that we are able to provide the much needed funds to help those who cannot afford to receive proper medical training in a camp friendly environment.

On behalf of the Most Illustrious Grand Master and the Grand Council, we wish your Council continued success. Please remember his theme as stated by your inspecting officer, which indicates that we must “BEE” the example for all to follow. Please keep this in mind as you present the “American Rite” story in your Masonic Lodges.

THE SYMBOLIC STONES OF MASONRY

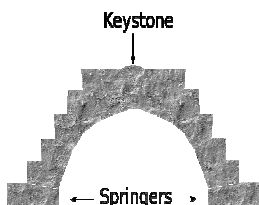


The Cornerstone—is the foundation on which the entire building is supposed to rest, and is the most important stone in the whole edifice. It is at least so considered by Operative Masons. It is laid with impressive ceremonies; the assistance of speculative masons is often and always ought to be invited, to give dignity to the occasion; and the event is viewed by the workmen as an important function in the construction of the edifice.

The difference between Operative and Speculative Masonry is simply this...while the Operative Masons were engaged in the construction of a material temple of the most magnificent materials which the quarries of Palestine, the mountains of Lebanon, and the golden shores of Ophir, (a port mentioned in the Bible famous for its wealth) could provide. Speculative Masonry occupies itself in the erection of a spiritual house a house not made with hands, stones and cedar gold and precious stones are substituted the virtues of the heart the pure emotions of the soul the warm affections gushing forth from the hidden fountains of the spirit, so that the very presence of Jehovah, our Father and our God, shall be enshrined within us.



Rough Ashlar/Perfect Ashlar—In the symbolism of Freemasonry the "rough" and the "perfect" ashlar are two of the three 'movable' 'jewels' of the Mason's Lodge. Together they represent man in his potential and realized state respectively. The rough ashlar is analogous to the alchemical idea of base matter through which purified alchemical salt is obtained by dissolution. Both the pure salt and the perfect ashlar symbolize the human soul realized through spiritual and intellectual pursuits. The Perfect Ashlar is for the more expert Craftsman to try on which to adjust his jewels. In ancient times with crude tools that would not even be used in this age, workmen of great skill and experience produced material for the construction of the Temple having such perfection that each piece fitted perfectly into its place without adjustment or correction. Time was not one of the essential factors; perfection was the goal.



The Keystone—The keystone is that which gives strength and durability to the arch; so that which imparts to Royal Arch Masonry its vitality and perpetuity may be properly termed its keystone. It is in the traditions upon which an institution is founded and the principles it is intended to inculcate that will be found the elements of its strength and perpetuity. The Mark medal is a sacred token of the rites of friendship and brotherly love which are a solemn obligation of the Mark Master degree. The Mark medal may be pledged for a favor or act of friendship, but must be redeemed before it may be pledged again. The medal was usually made of coin silver or silver

plate although rare examples of gilt copper and even gold are known. On one side was engraved a personal design or 'mark,' that identified the owner. The reverse side bears the owner's name, the name of his Mark lodge, and the date of his exaltation to the degree.

Information: vari-

ous internet sites.

GRAND MASTER'S CLASS—PETITION DEADLINE

March 14, 2014

Right Worshipful Brother Robert S. Jones, District Deputy Grand Master of the Seventh Masonic District announced that petitions for candidates in the Grand Master's Class Saturday, April 5, 2014 must be submitted and processed in Scioto Lodge so they can be voted on and in the hands of the district on March 14th, 2014.

That means anyone holding a petition for a candidate must have that petition into Scioto Lodge for assignment to a committee by Tuesday, March 4, 2014. That is cutting it very close since a special meeting would have to be scheduled to receive reports and vote on potential candidates.

Notes from our Beginnings

November 22, 1805

As reported in its 1955 Sesquicentennial History Scioto Lodge #2 having petitioned the Grand Lodge of Massachusetts on September 10, 1805, held our first formal meeting Friday, November 10, 1805. Principle officers were Thomas (Thos) Gibson, Worshipful Master in 1805, 1806 and 1807. Brother Jervis Cutler, Senior Warden 1805 and 1806, and Brother Nathaniel Willis, Junior Warden 1806 and 1807. (Of note Brother Willis had been a member of the Boston Tea Party).

Meetings were held in the establishment of Thomas Needham, a tavern keeper. The Needham House was located at Lot #258 in the northeast corner of Water Street and Masonic Alley (reference Ross County Deed Records Volume 2 page 94 & Volume 4 pages 403 and 404). Mr. Needham petitioned Scioto Lodge #2 F. & A.M. and became the first candidate to be Initiated an Entered Apprentice March 19, 1806, a scant 208 years prior to this writing. Subsequently Brother Needham was Raised to the Sublime Degree of Master Mason Monday, January 12, 1807.

Responding to an invitation dated December 7, 1805, members of American Union Lodge #1 in Marietta, Ohio and Old Erie Lodge #47 of Warren, Ohio were in attendance at a Saint John's Day Celebration in Chillicothe, Ohio December 27, 1805. Minutes of the celebration read: "A procession was formed from the lodge room accompanied by an elegant band of music which proceeded to the Thomas Needham House where, after refreshment, the Brethren walked to the State House and an oration was delivered by Brother George Todd of Old Erie Lodge #43".

Next month, the next 40 years— Lodge growth and the anti-Masonic years
Submitted by Worshipful Brother Stephen J. Steele, Junior Past Master

LODGES BY THE NUMBERS—1805

- Scioto Lodge #2 was chartered by the Grand Lodge of Massachusetts September 10, 1805
- American Union Lodge #1 was chartered the Grand Lodge of Massachusetts, February 15, 1776
- Mingo Lodge #78 was issued a warrant by the Grand Lodge of Pennsylvania, March 4, 1799. While organized May 21, 1799 it operated until 1806 after which it was unheard of after that date.
- Nova Caesarea Lodge #10 was warranted by the Grand Lodge of New Jersey September 8, 1791
- Old Erie Lodge #47 of Warren, Ohio was chartered by the Grand Lodge of Connecticut October 19, 1803
- New England Lodge #48 of Worthington, Ohio was charter by the Grand Lodge of Connecticut October 19, 1803.
- Amity Lodge #105 was issued a warrant by the Grand Lodge of Pennsylvania June 24, 1805

CHILLICOTHE YORK RITE FESTIVAL

May 9th, 10th, & 17th—2014

Chillicothe York Rite Bodies will host a festival on the above dates mentioned. There is much to prepare, staging and filling various roles within the degrees. Light refreshments will be available on the first day of the festival and a continental breakfast will be served on each of the Saturdays. Registration on Friday will be open at 5:00 pm and at 7:00 am on Saturdays. Petitions and payment of degree fees in the amount of \$100.00 should be submitted as soon as possible.

Festival schedule is as follows:

Friday, May 9th at 6:00 pm

Chillicothe Chapter #4 will confer the Mark Master, Past Master, Most Excellent Master degrees.

Saturday, May 10th 8:00 am

Chillicothe Chapter #4 will confer the final degree of Royal Arch followed by Chillicothe Council #4 which will confer the Royal and Select Degrees.

Saturday, May 17th 8:00 am

Chillicothe Commandery #8 will confer the Order of the Red Cross, Order of Knight of Malta and the Order of the Temple.

For information call the Office of the Secretary/Recorder of the Chillicothe York Rite Bodies at 774-3485

COMMITTEE ON MASONIC EDUCATION AND INFORMATION

The Grand Lodge of Free and Accepted Masons of Ohio has provided a series of basic Masonic Education Courses for the Entered Apprentice, Fellow Craft and Master Mason Degrees. These papers contain information relevant to each degree as each candidate is Initiated, Passed and Raised. They are intended to further educate the candidate as well as pose questions for contemplation. Through the use of these papers a deeper appreciation and meaning can be achieved and will enrich the experience of the candidate. Some of the questions posed, when answered, enlighten the candidate as to the operation, protocols and procedures of the Lodge, the Grand Lodge Code and the Brotherhood at large. They serve as a framework to "**Making a good man better**". It is said a man gets out of Masonry what he puts into it. How better to facilitate the goal of Freemasonry than education. Copies of this collection of papers will be made available upon request at no cost to the candidate. Arrange, in advance for a copy by calling the Office of the Secretary at 774-3485.

CHICKEN NOODLE DINNER

April 4, 2014

Plans are laid for the annual Chicken Noodle Dinner to be held at the Ross County Shrine Club Pavilion at 500 Belleview Avenue. Serving will be from 11:00 am to 7:00 pm, carry outs and call in orders will be taken throughout the day. We would like for Brethren to make every effort to solicit orders and deliver them so as to enhance the profitability of the event so we can increase our proceeds. Funds from this event support the Special Olympics Summer Games in Columbus, Ohio. Deliveries and carry out arrangement may be made by calling the number listed below. Everyone is welcome to come and enjoy the day, have lunch or dinner with Brethren, family and friends.

Call for pre-pick up carry outs and deliveries—772-4119

Does olive oil prevent heart disease?

Short answer: Yes...The health benefits of olive oil come from the presence of polyphenols, antioxidants that reduce the risk of heart diseases and cancers. But to get these healthy compounds, consumers should buy good-quality, fresh "extra-virgin" olive oil, which has the highest polyphenol content. Most commercially available olive oils have low levels of polyphenols associated with poor harvesting methods, improper storage, and heavy processing.

Do sugary soft drinks lead to diabetes?

Short answer: Yes...The majority of health research is stacked against sugar-sweetened soda. A large 2004 study in the Journal of the American Medical Association found that women who drank one or more sugary drinks per day increased their risk of developing type 2 diabetes by 83% compared to those who consumed less than one of these beverages per month.

Do nuts make you fat?

Short answer: No...As much as 75% of a nut is fat. But eating fat doesn't necessarily make you fat. The bigger factor leading to weight gain is portion-size. Luckily, nuts are loaded with healthy fats that keep you full. They're also a good source of protein and fiber. One study even found that whole almonds have 20% less calories than previously thought because a lot of the fat is excreted from the body.

Is drinking fruit juice as good for you as eating fruit?

Short answer: No...Calorie for calorie, whole fruit provides more nutritional benefits than drinking the pure juice of that fruit. That's because when you liquefy fruit, stripping away the peel and dumping the pulp, many ingredients like fiber, calcium, vitamin C, and other antioxidants are lost.

For comparison, a five-ounce glass of orange juice that contains 69 calories has .3 grams of dietary fiber and 16 milligrams of calcium, whereas an orange with the same number of calories packs 3.1 grams of fiber and 60 milligrams of calcium.

NOTES FROM OUR WIDOWS

This note was received from Mrs. Elaine Mace who is married to Franklin Mace Jr. nephew of Mrs. Ralph (Ruth) Harmount.

“Just a note to let you know that Ruth enjoyed your Christmas Card. She no longer can write with a pen. Ruth says she remembers you [Chillicothe Masonic Bodies]. Her day to day memory is not very good. For the last year she has had problems with dental infections. She has several broken off teeth under the gum and she is scheduled to have 4 of them pulled 2/6/14. Hopefully the infection will resolve with antibiotics. Keep her in your thoughts and thanks so much for your continued friendship.

Sincerely

Elaine Mace

[Mrs. Franklin Mace, Jr. Ruth's nephew]

Delinquent Dues**Chillicothe York Rite Bodies**

At this writing thirty-three mailings were sent to Companions and Sir Knights notifying them of delinquent dues. Original notices were mailed on or about May 10, 2013 for the payment of 2014 dues. There are no penalties for not paying in a timely manner; however additional first class mailings cost the Chillicothe York Rite Bodies . Those whose dues are in excess of one year will be Suspended for Non-payment of Dues in Chillicothe Chapter #4 R.A.M. and Suspended for Non-Affiliation in Chillicothe Council #4 R. & S.M. and Chillicothe Commandery #8 K.T.

Those who are suspended they may be reinstated by paying the necessary dues—which are all dues for the years in which they were delinquent, but not more than 2 years dues total.

A Publication of Chillicothe Masonic
Bodies

57 East Main Street
Chillicothe, Ohio 45601

Phone: 740-774-3485
Fax: 740-774-1053
Email: cmb@chillicothemasons.org

U.S. Postage
PAID
PRSTD STD
Chillicothe, OH

Address Service Requested

Traffic Camera

A man was driving when he saw the flash of a traffic camera. He figured that his picture had been taken for exceeding the limit, even though he knew that he was not speeding. Just to be sure, he went around the block and passed the same spot, driving even more slowly, but again the camera flashed. Now he began to think that this was quite funny, so he drove even slower as he passed the area again, but the traffic camera again flashed. He tried a fourth time with the same result. He did this a fifth time and was now laughing when the camera flashed as he rolled past, this time at a snail's pace. Two weeks later, he got five tickets in the mail for driving without a seat belt.

They Walk Among Us! And they vote!

I couldn't find my luggage at the airport baggage area and went to the lost luggage office and reported the loss. The woman there smiled and told me not to worry because she was a trained professional and said I was in good hands. 'Now,' she asked me, 'Has your plane arrived yet?'

Hungry?

While working at a pizza parlor I observed a man ordering a small pizza to go. He appeared to be alone and the cook asked him if he would like it cut into 4 pieces or 6. He thought about it for some time then said "Just cut it into 4 pieces; I don't think I'm hungry enough to eat 6 pieces."

Go Figure !!

Some guy bought a new fridge for his house. To get rid of his old fridge, he put it in his front yard and hung a sign on it saying: 'Free to good home. You want it, you take it.' For three days the fridge sat there without anyone looking twice. He eventually decided that people were too mistrustful of this deal. So he changed the sign to read: 'Fridge for sale: \$50.' The next day someone stole it!

Logic?

My colleague and I were eating our lunch in our cafeteria, when we overheard a girl talking about the sunburn she got on her weekend drive to the beach. She drove down in a convertible, but said she didn't think she'd get sunburned because the car was moving.